

About

Kate Connors



Kate is well known in the Australian executive wellbeing, coaching and workplace mental health sectors.

She is a highly respected psychologist, who has worked in C- Suite positions leading organisations, teams and individuals to achieve positive leadership, mental health and wellbeing outcomes.

In her most recent role, Kate was Chief Mental Health Officer at PwC Australia, where she provided confidential wellbeing and mental health support to PwC partners Australia wide.

Professional Experience

2015-2022

**Chief Mental Health Officer
| Head of Wellbeing**

PwC Australia

- Lead firm wide workplace mental health & wellbeing strategy Internal psychologist and confidential wellbeing support for partners
- Design and oversee executive wellbeing program

2012-2014

**Chief Executive Officer
| Chief Operating officer**

Assure Programs

- Lead operations to deliver best in class workplace psychological services including employee assistance, critical incident and organisational development services.
- Oversee operational and cultural integration of psychological service businesses acquired during growth strategy as approved by Ingeus board.

Qualifications & Registrations

- **Masters in Counselling Psychology, Curtin University, Perth WA**
- **GAICD, Australian Institute of Company Directors**
- **Certificate in Executive Coaching, Institute of Coaching & Consulting Psychology**
- **Full member, Australian Psychological Society (APS)**
- **Full member, International Positive Psychology Association (IPPA)**
- **AHPRA registration number: PSY0001126528**
- **Global Leadership Wellbeing Survey (GLWS)**
- **Mental Health First Aid**